

# PSYCHIC WORKSHOP

## FOR BEGINNERS

Have you ever wondered why you 'feel' things?

Do you get the feeling of 'déjà vu'?

Do strange things happen in your house?

Are you always questioning what life is about?

Perhaps you should come to a Beginners Psychic Workshop?

Learn about:

- your own physical body energy
- the energy of those in spirit
- what it actually means to be psychic
- the art of meditation
- deep breathing, it does actually relax you!

Have a fun day with many exercises to try, lots to discuss and think about ...

Where: Anula Healing

When: Sunday 19th February 2017

Time: 10.00am - 4.00pm

Cost: \$120.00 pp

Bring: lunch for yourself ( no microwave facilities ) but all morning/afternoon tea provisions are provided

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